

U.S. Department of Agriculture Forest Service	1. WORK PROJECT/ACTIVITY Snowshoe/Ski Travel	2. LOCATION Northern Research Station- Grand Rapids, MN	3. UNIT RWU 7
JOB HAZARD ANALYSIS (JHA) References-FSH 6709.11 and 12 (Instructions on Reverse)	4. NAME OF ANALYST Carrie Dorrance	5. JOB TITLE Hydro Tech.	6. DATE REPAIRED 2-13-12
7. TASKS/PROCEDURES	8. HAZARDS	9. ABATEMENT ACTIONS	
<p>*Terrain Hazards</p> <p>* Frostbite/Hypothermia/Snow blindness</p> <p>* Poor visibility and hidden obstacles Personal injury and/or death</p>	<p>Personal injury and /or death</p> <p>Personal injury and/or death</p> <p>Personal injury and/or death</p>	<p>Do not go on terrain over your skill level. Be cautious of other showshoers/skiers and terrain hazards. Have good, dependable equipment. Know snow conditions. Sign both in and out at the office. Enure someone knows when you'll be back.</p> <p>Wear adequate clothing to prevent exposure. Extra hats, gloves, and clothing should be taken along. Be conscious of you and your partners condition as far as cold is concerned. Look for white or discolored splotches on face or hands that indicate frostbite. Be conscious of the beginning of hypothermia, i.e., shivering, slurring of speech, slowed reactions, disorientation. Make sure to stop and take the time to warm up before you reach the initial stages of hypothermia. If traveling long distances make sure to take emergency gear, matches, space blanket, fire starter,etc. Take goggles or sunglasses and WEAR them to prevent snowblindness and protect eyes. Other recommended winter field equipment includes: adequate clothing including parka, windpants, gortex jacket and gaiters, gaiters, radio w/batteries, 1-2 quarts of water, extra food, extra socks.</p> <p>Use good winter travel sense. Carry a compass and map and know how to use them. If visibility is poor, cancel your outing. If already out, wait until it clears or improves and/or proceed very cautiously. Avoid traveling across thin ice.</p>	

10. LINE OFFICER SIGNATURE	11. TITLE	12. DATE